

# *Building For the Future*

This day care facility participates in the Child and Adult Food Care Program (CACFP), a Federal program that provides healthy meals and snacks to children receiving day care.

Each day more than 2.6 million children participate in CACFP at day care homes and centers across the country. Providers are reimbursed for serving nutritious meals that meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable to low-income families.

**Meals** CACFP homes and centers follow meal requirements established by USDA

| Breakfast                                     | Lunch or Supper   | Snacks (Two of the four groups:)  |
|---|---|---|
| Fruit or vegetable<br>Bread or grains<br>Milk | Meat or meat alternative<br>Bread or grains<br>Two different servings of fruits or vegetables<br>Milk | Meat or meat alternative<br>Bread or grains<br>Fruit or vegetable<br>Milk |

**Participating Facilities** Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include

- Child Care Centers: Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers
- Family/Group Day Care Homes: Licensed or approved private homes.
- After School Care Programs: Centers in low-income areas provide free snacks to school-age children and youth.
- Homeless Shelters: Emergency shelters provide food services to homeless children.

**Eligibility** State agencies reimburse facilities that offer non-residential day care to the following children:

- Children age 12 and under,
- Migrant children age 15 and younger, and
- Youth through age 18 in after school care programs in needy areas

**Contact Information** If you have any questions about CACFP, please contact one of the following.

Sponsoring Organization/Center

Montana CACFP  
111 N. Jackson  
Helena MT, 59620-2925  
(406) 444-4347

